Your medication log

Use this chart to keep track of all your medicines. Write down the name, dosage, and time of day to take each medication. Make a copy to keep in a binder so you can carry it with you. Or cut it out and keep a copy in your wallet or purse.

Name of medication	Dosage	When/how you take it (oral vs. injection vs. infusion)	With or without food

The information provided by the AGA Institute is not medical advice and should not be considered a replacement for seeing a medical professional.